# SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

### COURSE OUTLINE

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY II

PSY 107-3 CODE NO.:

SEMESTER: WINTER

PROGRAM: VARIOUS

AUTHORS SOCIAL SCIENCES DEPARTMENT

DATE: JANUARY 1992 PREVIOUS OUTLINE DATED:

APPROVED: DEAN

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#### INTRODUCTION TO PSYCHOLOGY II

### COURSE DESCRIPTION:

This course is a continuation of PSY 102. It will focus on the psychology of human behaviour. Areas of study will include the following: human sexual behavior, psychotherapies, social cognition, and social behaviors. Student learning will be enhanced by discussions of related contemporary issues affecting the science of psychology and human behaviour.

#### COURSE GOALS:

To develop a basic understanding of:

- 1. human sexuality including gender identity, sexual behaviour, sexual dysfunction and treatment.
- 2. theories of personality development, and personality assessment.
- 3. stress and stress responses, including factors affecting stress, and techniques for coping.
- 4. abnormal behaviour and factors related to abnormal behaviour.
- 5. various schools of psychotherapy including psychoanalysis, behaviour therapy, client centered, and cognitive therapy.
- 6. social cognition and social behaviours including attitudes and behaviour, aggression, conformity, and behaviour in groups.

#### **TEXTBOOK:**

Introduction to Psychology. Rod Plotnik. Second Edition, 1989. Random House.

**NOTE:** Additional readings and student viewing of audio-visual materials will be assigned during the course, at the discretion of the instructor. The <u>exact dates of tests referred to in the "Syllabus"</u> section will be announced in class. Students will also be responsible for understanding audio-visual material, lecture and class- discussion materials presented during the course.

#### SYLLABUS

### Section I: Topics (assigned readings)

CHAPTER 10: HUMAN SEXUAL BEHAVIOUR Module 26 Gender Identity, Sexual Anatomy, and Arousal Module 2 7 Sexual Behaviour Module 28 Sexual Dysfunction and Treatment <u>CHAPTER 13: PERSONALITY</u> Module 35 Trait Approach Module 36 Freud's Psychodynamic Approach Module 37 Social-Cognitive and Humanistic Approached Module 38 Personality Assessment **Test** #1 Date - To be announced (approximately early February) covers all of Section I assigned readings

## INTRODUCTION TO PSYCHOLOGY II

action II: Topics (assigned readings)

CHAPTER 14; STRESS AND COPING Module 39 Cognitive and Physiological Responses Module 40 Personality, Social, and Situational Factors in Stress Module 41 Coping <u>CHAPTER 15; ABNORMAL BEHAVIOUR</u> Module 42 Abnormality, Anxiety, and Related Disorders Module 43 Mood and Personality Disorders Module 44 Schizophrenia

**Test #2** Date - To be announced (approximately early March) covers all of Section II assigned readings

#### Section III: Topics (assigned readings)

CHAPTER 16; PSYCHOTHERAPIES Module 45 Overview of Psychotherapies Module 46 Psychoanalysis and Person-Centered Therapy Module 47 Behaviour and Cognitive-Behaviour Therapies CHAPTER 17; SOCIAL COGNITION bdule 48 Social Perception •W odule 49 Attribution Module 50 Attitudes

**Test #3** Date - To be announced (approximately late March) covers all of Section III assigned readings

### Section IV: Topics (assigned readings)

CHAPTER 18; SOCIAL BEHAVIOURS

Module 51 Aggression

Module 52 Conformity, Compliance, and Obedience

Module 53 Behaviour in Groups

**Test** #4 Date - To be announced (approximately mid April) covers all of Section IV assigned readings

### INSTRUCTIONAL METHODOLOGY:

£tudent learning will be facilitated by lectures, class discussions, nd audio-visual presentations.

# INTRODUCTION TO PSYCHOLOGY II

#### EVALUATION:

Students will be responsible for regular attendance and class participation in all areas of the course as outlined, and. for all readings and tests as requested. The course content and^evaii\*a<tion can be modified at the discretion of the instructor.

**NOTE:** Students unable to write tests as regularly scheduled must: 1) notify the instructor as soon as possible to make 'alternative testing arrangements 2) be prepared to document (i.e. physician's note) their need for special arrangements

# THE FINAL COURSE GRADE WILL BE DETERMINED AS FOLLOWS:

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Test	#2			•	·	·	·	.25%
Test	#3.	•						.25%
Test	#4.	•	•	•		•		.15%

A grade of A+, A, B, C, or R will be awarded upon completion of all the course requirements, in accordance with the grading policy of Sault College:

A+	=	90% - 100%
А	=	80% - 89%
В	=	70% - 79%
С	=	60% - 69%
R	=	less than 60%